



## RJPWritez Limitless Life Purpose Worksheet

*Discover your purpose and live a limitless life with these three steps.*

### Step 1: Ask Yourself the Right Question

*What is it that you want to do right now in your heart of hearts?*

1. **Brainstorm:** List down all the ideas and dreams you have in your mind. Don't hold back; let your thoughts flow freely.

- Idea 1: \_\_\_\_\_
- Idea 2: \_\_\_\_\_
- Idea 3: \_\_\_\_\_
- Idea 4: \_\_\_\_\_
- Idea 5: \_\_\_\_\_

2. **Prioritize:** From the list above, pick the top three things that stand out the most to you. Rank them in order of importance.

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_

### Step 2: Pick Your Number and Get Started

*Which of the top three ideas do you feel most passionate about?*

1. **Decision Time:** Circle or highlight the one idea from the list above that resonates with you the most.
2. **Action Plan:** Break down the steps you need to take to start pursuing this idea.
  - Step 1: \_\_\_\_\_
  - Step 2: \_\_\_\_\_

- Step 3: \_\_\_\_\_
  - Step 4: \_\_\_\_\_
  - Step 5: \_\_\_\_\_
3. **Commitment:** Set a start date for when you'll take the first step towards your chosen idea.
- Start Date: \_\_\_\_\_

### Step 3: Believe in Yourself

*Your mindset is crucial in this journey. Let's work on aligning it with your goals.*

1. **Affirmations:** Write down three positive affirmations that resonate with your chosen idea and purpose.
  - Affirmation 1: \_\_\_\_\_
  - Affirmation 2: \_\_\_\_\_
  - Affirmation 3: \_\_\_\_\_
2. **Visualize Success:** Spend a few minutes visualizing what success looks like for your chosen idea. Write down what you see, feel, and hear.
  - Visualization: \_\_\_\_\_
3. **Accountability:** Share your chosen idea and action plan with someone you trust. This person will help keep you accountable on your journey.
  - Accountability Partner: \_\_\_\_\_

### Reflection:

1. What fears or barriers do you anticipate as you start this journey?

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2. How can you overcome these barriers?


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3. What resources or support do you need to help you on this journey?

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*Remember, living a limitless life is about the journey, not the destination. Embrace each step, learn from every experience, and always believe in yourself. You've got this!*

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